

STO/ERO

16

SUPERANNUATED TEACHERS OF ONTARIO  
Les Enseignants Retraites de L'Ontario

DISTRICT 16  
CITY OF TORONTO

April 1994

**Message From The President**

*"All associations depend on their members for their strength"*

Did you know that we have a very active District 16 Executive that not only appropriately represents each of you, but also plans and carries out each year's business and social activities? To mention just a few, **Jim Rowney**, for example, has arranged for guest speakers and performers and has assisted with two Fall Luncheon plans. **John Terry** keeps us well informed about Club Sixteen's activities and **Margaret Smith** brings us news about Club 48. In this Newsletter, you will find information about the important "Good Will and Personal Concerns" work that **Gerald Aberle** ably convenes using your input. **Terry Henderson** and **Arlene Freeman** bring thoughtful ideas to our monthly Executive meetings and **Laura Warren**, District 16's archivist, collects and maintains all historical materials for future reference.

What can YOU do? We always need new members, fresh ideas, and members who are willing to serve on committees and/or the Executive. Of course, we need your support at business and social events.

And to those of you who have been District 16's faithful for many years, a special "Thank You"!

**Shirley Simons**

**Dates to Remember**

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May ~~8~~, 1994 - May Luncheon  
Oct. 5, 1994 - Annual Fall Meeting

**Advance Notice**

**Changes to the 1994 Annual Fall Meeting**

This year we are combining the **business meeting and election of officers** with a luncheon to **welcome new retirees**. Please note the change of location.

**Date:** Wednesday, October 5, 1994  
**Place:** Ramada Downtown Hotel  
**Time:** 12:00 pm - 3:00 pm  
**Cost:** \$22.50

\* Mark this date on your calendar and watch for further details in the September Newsletter.

## From Your Health and Insurance Representative

1. Be sure to read the News from the Health and Insurance Committee in the STO/ERO Winter 1993/94 Newsletter/Bulletin re: (a) Medical Expenses - Income Tax Deduction (b) Drug Records (c) Dispensing Fees (d) Drug Refills (e) Use of Medication.
2. Some Health Card Do's and Dont's (Ontario Ministry of Health)

Do Remember that you need an Ontario Health Card to have your eligible medical, hospital and other health services paid for by the Ministry of Health.

Do Carry your Health Card at all times.

Do Show the health care provider or hospital the Health Card that belongs to the member being treated.

Do Show your health care provider or hospital your new card if you receive a replacement Health Card or Health 65 Card.

Do Remember your old card cannot be used if you get a replacement Health Card or Health 65 Card.

Don't Forget that you must have and use only your own Health Card to avoid being billed directly for health services.

No person, business or organization may make you show your Health Card to get goods or non-health services.

### Senior Citizens

Those 65 and over may choose to use their cards to get seniors discounts. The law prevents individuals, businesses or organizations from "requiring" that cards be shown. But they may ask to see a Health 65 Card as proof of age. They do not need to see the Health Number on the card.

3. Some items that were discussed at the recent meeting of your STO/ERO Health Services and Insurance Committee:
  - (a) The 1992-93 policy year for the STO Health Plans ended on a very healthy financial note.
  - (b) On the Claims Side:
    - on average just over 300 claims are being paid per day.
    - the turn-around time for the payment of claims is four days.
    - claims experience (i.e., income vs. expenditures) to the end of November 1993 is good under the Extended Health Care Plan, the claims experience under the Semi-Private Hospital and Health Plans is close to the break-even point.
  - (c) There are fewer "late applications" lately under the 60-day enrolment period.
  - (d) The Committee has received presentations from two organizations who dispense prescription drugs by mail order: Meditrust and Pharmex. The Committee is reviewing, in detail, the services they provide and the differences between the two organizations and will report their findings. Individuals are free to use any of these advertised plans.



At District 16's Annual Meeting on March 2nd, at the Toronto Board of Education, our guest speakers were two Community Patrol Police Officers who spoke about "**Living Safely in Toronto**".

**Constables Baldesara and Dymiuk** are shown holding a sample emergency help sign which can be used in a car breakdown.

Important information was given regarding the following: reducing chances of theft of purses and/or wallets; home protection while on holidays; safety tips for apartment dwellers; travel tips re: buses and subways; plaza and underground parking; and care in banking procedures. Several informative pamphlets were made available at the conclusion of the presentation.

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### **From the new Club Sixteen Travel Programme Co-ordinator**

Hi - I've always enjoyed being an "armchair traveller", travelling "in my mind" where my body would not go. If you enjoy such activity **DO PLAN TO ATTEND** the upcoming season of District 16's Travel programmes (**October to April**). This year we expect them to be held on the **4th Wednesday** of the month, at **1:30 pm** for a change. This will give us more time to get to **St. Margaret's Church**.

We need presenters and slide shows for this programme. The slides may even be of special categories, eg. "The Stately Flower Gardens of England". The slides do not even have to be modern ones. We'd love to see you in slides - even when you were in your twenties!

So, if you would like to be our presenter (or know of someone) please give me a call. I am looking forward to hearing from you.

**Valerie Fiedler**  
**(416) 510-1861**

**SHAW FESTIVAL THEATRE BUS TRIP**  
**NIAGARA-ON-THE-LAKE**

**Tuesday, May 24, 1994**

The play, "**Front Page**", based on Howard Hughes' exploits in Chicago in the 30's, begins at **2:00 pm**. We will arrive at **Jordan Harbour** at **11:30 am** for lunch at the "Plain and Fancy Restaurant and Lighthouse." Either chicken or roast beef will be available. After the performance, we will make a brief stop at **Andre's Wines** on the way home.

The bus leaves Toronto at 10:00 am from Yorkdale Shopping Centre and should return by 7:30 pm. The total cost is **\$52.00**. To reserve, all bookings must be made before April 15th. **Contact Hank Condie at 282-9898**. Book early to avoid disappointment. Hank states that "It is reasonable to believe that shortbread may be served on the return trip."

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**Club Sixteen Bulletin**

**Monthly Social • Monday, May 2 - 1:30 pm.**

Information: David Clue 483-6379

The monthly Social Programme will be a "**Visit to Speakers House**", via slide and tape, presented by **James A. Liverpool**, courtesy of Consumers Gas.

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**Thank You**

We wish to thank our members who volunteered with the Kiwanis Festival.  
Your help was much appreciated.

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Did you know that at some point within the next few months the "**Power of Attorney Law**" will be proclaimed by the government? **Be sure you have one!** Standard forms are available at most office supply/stationery stores or see a lawyer. Also, the Ministry of the Attorney General is providing free Power of Attorney forms. It is very important to you, your family and what happens to you in the future.

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**Thoughts to Ponder**

When a man is carried away  
with his own importance, he seldom  
has a search party looking for him.

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**A Reminder for May Luncheon**

**Wednesday, May 4, 1994  
Royal York Hotel  
Luncheon 12:30 pm  
(See enclosed form)**

Our speaker will be **Tayler Parnaby**.

Tayler is an award-winning Canadian Radio journalist, who is the news editor for station C.F.R.B.

Tayler was born in Toronto, raised in Orillia, attended both Queens and Carleton Universities, and has pursued his career in Orillia, Kingston, Ottawa and Toronto.

He has been honoured by his colleagues with two Canadian Association of Broadcasters' Gold Medals for excellence in broadcasting and several national nominations from ACTRA. He has been honoured by the Canadian Government for community service through receipt of the Canada 125 Medal.

When not working, Tayler reads a lot, studies railroad history in Canada, umpires a little baseball and "watches the world go by".

Musical Entertainment will be provided by the **Jazz Choir** from **Harbord Collegiate** under the direction of Becky Windhager, Head of Music.

**Spring Into Summer  
with  
The Toronto Choristers Second Annual Concert  
(Retired employees of the Toronto Board)**

**Jim Maben, Conductor  
Marg Deeth, Accompanist**

**Date: Wednesday, May 18th  
Time: 7:30 pm  
Location: Danforth Collegiate &  
Technical Institute - Auditorium  
(on Greenwood Ave., one block north of  
Danforth Ave.)  
Tickets: \$5.00 (available at the door)**

**For more information, contact Jim Maben at 255-4193**

**A Toronto Board of Education Continuing Education Program**

## The Goodwill Committee

Goodwill is promoted through telephone calls to STO/ERO District 16 members who have been retired for 10 years or longer. Goodwill also sends appropriate greetings to members who are ill or have been recently bereaved.

Would you enjoy making phone contact with long retired members or do you know of members suffering from ill health or recent bereavement? If so, please contact the **Goodwill Chairperson, Gerry Aberle, at 699-4422.**

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### In Memoriam

**Alexander, Mary (Sister Mary Johanna)**

**Craig, Elsa**

**Goss, Elizabeth**

**Jarrett, Ruth**

**London, Carol**

**Young, Isabel**

**Charlesworth, William**

**Cummings, Margaret**

**Hobbs, Alfred**

**Liebster, Vera**

**McDonald, Jean**

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### **On This Day**

Mend a quarrel  
Search out a forgotten friend.  
Dismiss a suspicion and replace it with trust.  
Write a letter to someone who misses you.  
Encourage a youth who has lost faith.  
Keep a promise.  
Forget an old grudge.  
Examine your demands on others and vow to reduce them.  
Fight for a principle.  
Express your gratitude.  
Overcome an old fear.  
Take two minutes to appreciate the beauty of nature.  
Tell someone you love them.  
Tell them again,  
And again,  
And again.