

April 1995

PRESIDENT'S MESSAGE

Greetings once again! Today is bright and sunny although the temperature still indicates that winter-wear is in order. Since my last missive, your Executive has been busy doing some brainstorming, planning social functions and spring cleaning.

In the brainstorming area, we have been examining the <u>Club Sixteen program</u> with a view to expanding the activities in the hope of attracting more newly-retired teachers.

We are getting ready for our annual **May Luncheon** at this time and can promise an enjoyable, informative and satisfying program.

Our spring cleaning chores consist of beginning a review of our <u>constitution</u> to make it more relevant to our current situation in time to have it ready for our **Annual General Meeting** in **October**. Also, in response to your appreciative comments about our <u>Newsletter</u>, we have decided to print an extra one to reach you in early June and containing, among other things, news about up-coming fall events to give you more time to decide about them. We hope you approve.

In concluding, I would be remiss in not commenting that we must be doing something right because, as of March 9, 1995, our official <u>membership</u> total has reached <u>1193</u>, which is an all-time high total for District 16. Good for us!

Cheers,

Jim Rowney

DATES TO REMEMBER

MAY 4TH - SPRING LUNCHEON MAY 11TH - EXECUTIVE MEETING JUNE 1ST - NEXT NEWSLETTER MAILING JUNE 8TH - EXECUTIVE MEETING

PLAN TO ATTEND

OISE'S 30TH ANNIVERSARY Friday, October 13th - Opening Ceremony Saturday, October 14th - Open House & Gala Dinner For more information call Dr. Bev Brophy at (416) 926-4722

FROM YOUR HEALTH & INSURANCE REPRESENTATIVE - BILL SHAVER

1. From the Ontario Ministry of Health

As of February 15, 1995, the Ministry of Health will stop issuing Health 65 Cards. Over the next few years new photo Health Cards that show each person's birth date will be issued.

As people reach their 65th birthday they will receive a letter telling them they are eligible for the Ontario Drug Benefit Plan (free drugs). Seniors can take their prescription and current Health Card (either the old red and white one or the new photo card) to their pharmacy to show the pharmacist they are eligible for O.D.B.

On the first of each month every eligible person who turned 65 in the previous month will automatically be added to the Health Network list of people who can receive drug benefits through the O.D.B. program. Pharmacists can verify a person's eligibility by checking that list.

The Health Network also protects seniors by checking to make sure any new drug won't react with one already received under O.D.B.

Newly eligible seniors will be alerted to tell their doctor and pharmacist about all the drugs they are taking, including non-prescription medications.

Each person will get a notice in the mail when it is his/her turn to get a new photo Health Card. They should not apply for one before they get their notice.

*PLEASE NOTE: Not all prescription drugs are covered under the Ontario Drug Benefit Plan. The government has removed many drugs (and will continue to do so). Drugs not covered under the O.D.B. plan <u>are</u> covered on the S.T.O. Extended Health Plan for drug coverage <u>and</u> the many other benefits.

If you wish more information about the new photo Health Cards you can call:

(416) 314-5518.

2. Drug Substitution

Sometimes a pharmacist will substitute a generic brand of prescription drug for the drug prescribed by the doctor. Some people may have a reaction to the generic drug. Please discuss this with your pharmacist <u>and</u> your doctor. Your doctor may put <u>no substitution</u> on your prescription.

FOR YOUR INFORMATION

Trillium Drug Program

By the time you receive this Newsletter, the Trillium Drug Program will have been in place since April 1, 1995.

If you are not aware of it, look for a brochure at your pharmacy or doctor's office.

If you are eligible, an application kit is available from your pharmacy or The Ministry of Health at 1-800-268-1154 or in Toronto at (416) 314-5518.

It is an <u>income-based program</u> for persons who have "unmanageable drug expenses". The brochure explains the eligibility and income rules.

Regardless of eligibility, from April 1, 1995, save receipts for prescription drugs in case you should become eligible for this program later in the year.

MEMBERSHIP NEWS

Remember that if there are **any changes** in your name/address would you <u>please inform us</u> to remove your name or to change your address, etc. Please phone Val Fiedler at (416) 510-1861 or Betty Chandorkar at (416) 622-1863.

ADDITIONAL NEWSLETTER!

The next Newsletter will be published June 1st. We would welcome **contributions** from our members, provided the article is no longer than **250 words**. We are striving to make the Newsletter newsy as well as informational. The last date for submission is **May 15th**, 1995, contact number **(416) 491-9947**.

HEALTH UPDATE

At the time of writing, we are sorry to hear that Mary Noylander is still in hospital, Ann Fraser has sprained her ankle and Ruth Lindsay is still confined to bed. We wish them a speedy recovery.

We are pleased to report that **George Hayes** is well on the mend. Good luck, George.

CLUB SIXTEEN BULLETIN

All functions take place at St. Margaret's Anglican Church at the corner of Burnaby Blvd. and Avenue Road, one block north of Eglinton Avenue West. Monthly Socials and Travelogues will take place in the large room upstairs.

<u>MAY 1995</u>

MONTHLY SOCIAL

Monday - May 1 - 1:30 pm Information: David Clee - 483-6379 Rhena Petch will speak on her "Teaching Days in Korea".

BRIDGE

Tuesdays - May 2 & 16 - 1:30 pm Information: Lillian Gang - 783-3586

CRAFTS

Tuesday - May 23 - 1:30 pm Information: Nell Godfrey - 624-8689

TRAVELOGUE

Wednesday - May 24 - 1:30 pm Information: Val Fiedler - 510-1861 "Yorkshire Dales" by Marion Igelstrom.

ANNOUNCEMENTS

- 1. David Clee will resign his position as **Social Programme Convenor** at the end of May.
- 2. Lillian Gang will resign her position as **Bridge Convenor** at the end of May.
- 3. Lillian Gang will resign as **Bulletin Co**ordinator for Club Sixteen at the end of May.

We are seeking volunteers to fill the positions mentioned above. Please call John Terry at 444-9656.

ARE YOU INTERESTED?

TRAVELOGUE:

If you would like to be a **presenter of travel slides** for our 1995-6 season, please call Val Fiedler at (416) 510-1861.

SOCIAL ACTIVITIES PLANNED FOR DISTRICT 16

A Trip is Scheduled:

On **Tuesday, May 30th**, **Hank Condie** is planning a trip to the **Shaw Festival**. Itinerary for the day:

- 1) Leaving Yorkdale Plaza at 9:30 a.m. sharp.
- 2) Leisurely drive to Niagara-on-the-Lake.
- 3) Lunch at the Plain' Fancy Restaurant.
- 4) Shopping at Niagara-on-the-Lake.
- 5) Festival Tickets: "The Petrified Forest". This is the play that launched the career of Humphrey Bogart in 1930.
- 6) On the return trip, a stop at Andres Wines is scheduled.
- 7) Home: approximately 7:30 p.m.

The total cost is \$54.00 per person. Please call Hank Condie for reservations at (416) 282-9898.

S.T.O. DISTRICT 16 GOES TO THE RACES!

Sunday, June 25th at Woodbine \$25.00 (Includes: Admission, Program and

Buffet Lunch) For more information call: Ian Baird at 491-8906

ADVANCE NOTICE OF FALL MEETING

A Luncheon, <u>combining</u> the business meeting and election of officers, will be held on Thursday, October 5, 1995.

This occasion is also used to welcome new retirees. Please note the change in location name.

PLACE: **Toronto Colony Hotel** (formerly the Holiday Inn) 89 Chestnut Street CASH BAR: 12:00 noon LUNCH: 12:45 pm

Further details in the September Newsletter. Let us renew acquaintances and enjoy a day of fun! Be seeing you!

FOR YOUR INFORMATION

 <u>S.T.O./E.R.O.</u> District 16 wishes to advise all members who wish information on the S.T.O. Home-Auto Insurance Plan or to obtain a no-obligation Quotation can call: (905) 764-4951 or 1-800-363-3186.

 <u>A Special Notice</u> was sent to all retirees from the Teachers' Pension Plan Board (5650 Yonge Street - Telephone: (416) 226-2700 Fax: (416) 730-5349)

i) Pay dates to Change in 1995

Beginning in May 1995, your pension will be paid on the last business day of the month.

According to the plan, we must pay pensions on the last day of the month. Since we can only make bank deposits from Monday to Friday, we will deposit your payment on the last *business* day of the month. Improved technology now being used by banks and ourselves has made it possible for us to more closely meet the payment date required by the plan.

If you use pre-authorized payments to pay any of your bills, please ensure you make the necessary banking adjustments.

ii) Age Exemption Changing for People Over 65

Effective January 1995, the age tax credit set by Revenue Canada will be adjusted based on net income. As a result, if you are currently claiming the age exemption of \$3,482 and your net income is more than \$25,921, you should complete a new TD1 form and mail it to us. The revised TD1 form explains the change in more detail -- you can obtain one from your local tax office.

iii) Attention Court appointed Committees

If you are a court-appointed committee who makes decisions for an incapable pensioner, your authority will expire in 1997 as a result of changes to the *Substitute Decisions Act.*.

For more detailed information about the changes to the *Substitute Decisions Act*, please call us at 1-800-668-0105 or (416) 226-2700.

If you handle your own affairs or if you handle a pensioner's affairs under a power of attorney, you *will not* be affected by the changes.

LEARNING ABOUT YOUR EXECUTIVE

Impressed by **Margaret Smith**'s vast knowledge of the history of District 16's organization and her many years of service on the Executive, I overcame Margaret's initial reticence to talk about herself and she is the subject of my second "Profile".

Margaret's first career was as a Dietitian, receiving her Diploma from MacDonald Institute in Guelph, a degree in Household Science from the University of Toronto and interning at Ottawa Civic Hospital. She worked in city hospitals in Stratford, Sarnia (where she was raised) and on the east coast. She attended O.C.E. in 1939.

Margaret began her first year teaching in Port Arthur, then at Central Tech, Toronto. She was recruited to the Dominion Provincial War Emergency Programme and even taught the army cooks how to cook! Margaret served with the Navy 1943-45. In '48 she recalls being "draughted" to Danforth Tech. as head of the food department. She completed her career, going to Heydon Park Secondary School in 1966, becoming Vice-Principal, then Principal in 1969 and retiring in 1976.

That year, Archie Milloy, Superintendent of Secondary Schools, invited recent retirees to a meeting in a church on Yonge St. to create the early formation of the District 16 organization. Since attending her first mailing "bee", Margaret has moved upward on the Executive to become 3rd Vice-President, and later President. With a smaller Executive in those days, she revealed that as Secretary, she also assisted Molly Moore with Membership, and even acted as sub-Treasurer on occasion.

A member of O.E.A., O.S.S.T.F., and six Home Economic Associations, Margaret still finds time for several hobbies, including gardening and travel. In your present position as Member-at-Large, I am glad you still give our Executive the strength and support of your experience Margaret. Thank you.

Contributed by: Val Fiedler

A BRIEF DESCRIPTION OF THE PROVINCIAL AND DISTRICT FEES

Provincial Fees

S.T.O./E.R.O. fees for retired teachers (whose pensions are from the Ontario Teachers' Pension Plan Board) is \$1.25 per \$1000.00 of the gross annual pension. This money is usually taken from the pension cheque in January. For associate members (widows or widowers of superannuated teachers) the fee is \$5.00 per annum.

District Fees

To belong to a District, one must be a member of the S.T.O./E.R.O. provincial organization.

The districts receive grants from the provincial S.T.O./E.R.O. to help cover district expenses, i.e., goodwill, newsletters, etc. A district may raise money by (a) an annual fee or (b) charging for each activity. At present District 16 has an annual fee of \$5.00 This covers executive expenses (stationary, photocopying, postage); Newsletters (photocopying, postage); Club Sixteen activities (including rent at St. Margaret's Church); subsidizing luncheons (October and May honoraria, Goodwill, etc.)

The annual financial report of District 16 is presented at the Annual Meeting in October.

For more information, please call the following numbers:

S.T.O./E.R.O. Provincial Office:

(416) 962-9463 1-800-361-9888 (toll free) Fax: (416) 962-1061

S.T.O./E.R.O. District 16: Betty Chandorkar (416) 622-1863 Valerie Fiedler (416) 510-1861 Contributed by: Margaret Smith

NEEDED, WANTED AND URGENTLY SOLICITED..

A <u>volunteer</u> **recording secretary** to record, type and distribute the minutes of the monthly **District 16 Executive Meetings**.

(8 Thursday morning meetings a year). Requirements:

Typing skills and a cheerful demeanour (computer literacy an asset, not a must).

Contact: Arlene Freeman (416) 630-3672

A TRIBUTE TO HARVEY PERRIN

On Monday, March 6th, **Harvey D. Perrin** was honoured by the Toronto City Council (in the presence of the Lieutenant governor) with 5 other citizens who were given an **Award of Merit** by Mayor Barbara Hall.

Harvey's award was presented for his outstanding leadership in the field of music education. As a teacher, he trained singers and instrumentalists both elementary at and secondary levels. As Assistant Director of Music for the Toronto Board he supervised the institution of specialists in Senior Schools, broadening the itinerant program in band and strings and furthering an association with the Toronto Symphony through the initiation of Prelude Concerts.

As Director of Music he hired Orff specialists and guided their work in primary and junior grades. He was also responsible for a pilot project based upon his studies in Hungary of the Kodaly philosophy. During this time he conducted the Toronto Men Teachers' Choir.

He was the author of many books of school music (and an arranger of numerous songs and instrumental works).

Since his retirement in 1971, he and his wife, Gertrude, take an active interest in music education, continuing to attend school concerts and festivals. (He exercises regularly and plays golf frequently.)

Contributed by: Jim Maben

A THOUGHT FOR THE DAY

Begin the day with friendliness. Keep friendly all day long. Keep in your soul a friendly thought --In your heart a friendly song.

Have in your mind a word of cheer For all who come your way,

and they will greet you too, in turn ---And wish you a happy day.

A REMINDER FOR MAY LUNCHEON

Thursday, May 4, 1995 Royal York Hotel - Imperial Room Luncheon 12:15 pm (see enclosed form)

Our speaker will be Gordon Cressy, President, The Learning Partnership.

Throughout Gordon Cressy's multifaceted career, the common thread that links is his abiding commitment to people -- especially young people -- and his ongoing effort to help them seize the day.

From his earliest days as a CUSO volunteer in Trinidad and a youth worker in Chicago, to his latest challenge as the President of The Learning Partnership in Toronto, Gordon has focused on bringing people together to make things happen.

A social worker by training (MSW, University of Toronto, 1969), Gordon quickly focused his attention on education and how to broaden access to the education system. He was co-designer of the highly successful "After Four" program that spread throughout Metro schools, worked with troubled teenagers in Toronto-area group homes, and consulted to various boards of education as a project director of the Ontario Institute for Studies in Education (OISE).

His experience led him to seek a seat on the Toronto Board of Education and the Metropolitan Toronto School Board, where he served as a school trustee for six years. In 1975 and 1976 he was elected Chair of the Toronto Board of Education, a role in which he chaired the Task Force on Vocational Education and helped to implement the Work Group Report on Multiculturalism. His community involvement continued with his election to City Council, where he served for four years as Executive Alderman for the City of Toronto and Metropolitan Toronto.

In 1982, Gordon left municipal politics to undertake one of the biggest challenges in the not-for-profit sector: the presidency of the United Way of Greater Toronto. For five years, Gordon directed the largest annual charitable fundraising campaign in Canada, which grew steadily over his term. In 1984, he inspired volunteers to raise more than \$35 million for community service groups in the region.

For the next five years, Gordon moved back into academic circles, working as Vice-President. Development and Universitv Relations at the University of Toronto. Besides directing the University's successful \$125 million Campaign", "Breakthrough Gordon taught courses on group work and community organization.

Now, Gordon is tackling his first love once again: creating opportunities for young people. He is President of The Learning Partnership, which was founded in 1993 as a vehicle to create learning and career opportunities for Metro students, by bringing together Business, Education and the Community-at-large. Since each group claims Gordon as one of its own, he is uniquely qualified to bring the three groups together.

Do plan to attend.

POINTS TO PONDER

Middle Age is when the narrow waist and the broad mind change places.

We need the optimists to show the pessimists how unhappy they are.

For those who want peace and quiet? A phoneless cord.

MEMORANDUM

TO: Presidents, STO districts 16, 22, 23, 24, 39

FROM: Mary Nickle

RE: Librarian for STO/ERO library

The STO library was set up in 1990 with the help of Pat Tomey, District 16, a retired school librarian and member of STO. She would now like to pass this responsibility on to someone else, and so we are looking for another STO member to take her place.

Would you please enquire among your members, and ask anyone who is interested to telephone Diane Simpson or myself. I am attaching an outline of the responsibilities of the STO/ERO librarian.

Pat will be attending the May Senate, but would like to "retire" when her responsibility there is completed. It would be helpful if the new librarian could work along with Pat at the Senate.

Responsibilities of STO/ERO Librarian

The STO Librarian will take responsibility:

- (a) for selecting and purchasing books for the library each year, according to the **Books and Periodicals** budget (approximately 15 to 25 books);
- (b) for providing annotations for each of the purchased books;
- (c) for setting up a display of books, with the help of STO staff, at each Senate meeting and for being in attendance at the display throughout the first day of the Senate;
- (d) for loaning books at the Senate meeting and for keeping a record of names and addresses of borrowers;
- (e) for recruiting other volunteers as necessary to help with any of the above responsibilities;
- (f) for selecting up to twelve books per year that are no longer current, to be used as draw prizes at Senate meetings;
- (g) for liaising with the Concerns and Issues Committee and for advising the Committee as to the operation of the Library.

N.B. Interested personnel should contact the Provincial Office by telephone, (416) 962-9463, by April 30, 1995.

HEAR YE! HEAR YE!

Come out and enjoy a lively musical evening with your friends and former colleagues,

The Toronto Choristers.

Their third Annual Concert will be presented:

Wednesday, May 17, 1995 7:30 p.m. Lawrence Park Collegiate (Lawrence Ave. W. at Chatsworth Dr.)

Parking: North and south of the school

Admission: \$5.00, includes refreshments

Tickets: Available at the door or from members of the Choir

For further information, contact Director Jim Maben at (416) 255-4193.

This is a Toronto Board of Education Seniors' Continuing Education program.

IN MEMORIAM

Raymond Boyd

Laura Kinrade